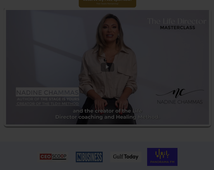
"I love this type of Masterclass... that discussed real, and hurting, it normal. It made me realize I should never give up... you inspire me!"

How Much Longer Are You Going To Let Stress And Self-Doubt Stand In The Way Of Your Dreams?

Inside this masterclass, I will Reveal The Scientific Techniques Backed By Life Coaches' Method To Shattering Mental Limits, Boosting Energy, and Living A Successful, Anti-Fulfilling Life!

Register for Free Masterclass!



"I love it ... and was hooked."

Stephen Cooney, New York Times Bestselling Author

"Nadine is a gifted speaker who has a deep understanding of the human condition. The most significant flaw in today's society is the lack of self-love. Nadine's work will change lives."

Bruce Mackey, President of Bruce Mackey Consulting, Author, Speaker, Business Coach, Mentor, Entrepreneur, Bestselling Author, Long Distance Self Development Coach

"This is the kind of thing I speak about and I have never seen it done so well."

"I have listened to all the speakers, but I have never seen anyone like Nadine."

"I have listened to all the speakers, but I have never seen anyone like Nadine. Nadine's work is so unique, it is so deep, it is so real. I have never seen anyone so authentic and so genuinely concerned about the well-being of people."

"Nadine is a powerhouse when it comes to transforming women."

Nadine is a powerhouse. Every time I have seen her speak, she has had a profound impact on me and my business. Her advice, life or business, is always spot on. Nadine is a gifted speaker, a talented coach, and a wonderful human being. She is a force to be reckoned with."

Jessica Lee, Co-Founder of Lee Brothers Consulting

"Is This Your Life Or Career?"

- You're stuck in a job you hate, but you can't afford to quit.
- You're constantly overwhelmed by work, family, and life.
- You're burnout from trying to do everything for everyone.
- You're struggling with self-doubt and feel like you're not good enough.
- You're stuck in a toxic relationship or friendship that drains your energy.
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- You're stuck in a toxic relationship or friendship that drains your energy.
- You think that balancing success and freedom isn't possible.
- You keep telling yourself it's okay, you can handle it.
- You're desperate for a solution, because the time you want to do it is ship back from your ankles.

If You Nodded Or Said "Yes" To Any Of The Above, Then This 90 Minute "TLD Masterclass" Is 100% For You!

Sign Up

"I experienced a lot of breakthroughs"

"I experienced a lot of breakthroughs. I felt lighter, happier, more at peace and I noticed the difference in my relationships. I'm grateful for the opportunity."

It was really a healing, even for me, because I'm also a coach, and I'm also a healer. I'm also a coach. I'm also a healer. I'm also a coach. I'm also a healer. I'm also a coach.

And Truly Thriving...

Living in survival mode... Always needing coffee...Walks in nature to relax... No smoking... No drinking... Even fasting... Even yoga or meditation.

I mean great to de-stress, no doubt. But they only help us cope... *Temporarily* extending our time before burnout.

To use these to their greatest potential, we first need to tackle the root cause.

And it all starts with asking ourselves…

Why are we unable to have it worked out, while others do?

Why are we constantly telling ourselves we can handle it?

Why are we always trying to prove our worth?

Well firstly, it's because…

We are mentally tough, we are clearly high value individuals... *and we won't settle for anything less.*

But society has conditioned us to take it for too long. Until we're sabotaging ourselves in the pursuit of success.

So that brings me to the first step of my TLD method…

Becoming Aware Of What I Like To Call Your Outdated Programs...

Old beliefs, society has made you believe about yourself, which aren't true…

Creating patterns in many areas of your life that don't serve you…

Most of these limits you have on yourself aren't real and they stop you from living to your fullest potential.

And in fact, once you let go of these outdated programs and reveal the real you…

You can do everything you ever wanted… in…. or outside of professional life a lot easier and with a lot less stress.

Inside my masterclass you'll experience a perception shift like nothing else…

Boiling down the complexities of life into a simple framework to reduce the overwhelm and tackle the root cause of your problems!

The life you desire is not so far away after taking this first step.

A life where…

Register for FREE
Hurry, seats are filling up!

You're In Total Control...

- **You enjoy not only the appearance of success but the feeling of it**—balanced, energized, and fully in command of both your professional and personal worlds.
- **You easily disconnect from work, when spending precious time with your kids, spouse or friends, despite the chaos** — No more checking the work phone messages or those emails… Relieving?
- **You have a deep-rooted, enviable level of self-confidence…** You set your own boundaries and always pursue the things that bring you fulfillment.
- **You're no longer the puppet, you're the master…** In total control over every aspect of your life.
- **You now have the energy to do whatever you wish for…** Go on holiday, read a book, paint, write, movies, exercise, long walks… *The choice is yours!*

And MOST importantly, you can do all this without taking a step back from the career you love… Or ruin your reputation.

My aim is not to show you one way of life.

My aim is to tackle the root cause, so you can sustain the life YOU desire.

I want you to claim a future where you decide the direction, not just feel trapped by circumstance or expectation.

If this sounds at all interesting, click the button below and secure your seat inside my masterclass!

Love,
Nadine x

Register for FREE
Hurry, we're commencing soon!

P.S. The booking page could be gone tomorrow or in 5 minutes…

There's no way for me to know.

When spots are full, they're full!

Secure your seat!

"After This Masterclass, I Wish I could take a further workshop with you!"
~ May

MEET NADINE...

Nadine Is An Entrepreneur, Author, Philanthropist, Musician, Actor, Master NLP Practitioner, 1st On-Stage Hypnotist In The Middle East And Founder Of TLD® Method

Today, she is a renowned motivational speaker, life mentor, and a pioneer in empowering high-achieving professionals worldwide. Above all, she's a devoted mother to two beautiful children.

Nadine Charmmas grew up in Lebanon, where she discovered her passion for singing and acting. Specialising in Dramatics and Theatre Arts, she built a successful career acting, producing, and directing plays. Upon moving to Dubai, Nadine founded the city's first children's theatre production and performing arts school. She also pioneered the introduction of drama therapy for both kids and adults in 2000.

Driven by a relentless pursuit of knowledge, Nadine became the first female stage hypnotist in the Middle East, earning her diploma from Don Spencer in Nevada. She further expanded her expertise by becoming a Master Practitioner of NLP, trained at the Matrix School.

Nadine currently serves as the President of Coaching for Nobel Manhattan UK. Drawing on her vast experiences, she developed "The Life Director" method—a unique approach designed to help individuals discover their true role in life and finally achieve lasting fulfilment.

In recognition of her work, Nadine was awarded the "Best Woman in Leadership 2023" title, and recently placed front cover on CEO SCOOP Magazine which included the likes of Gary Vee.

You may be wondering, why is this FREE?

Because of 2 simple and honest reasons:

First, because I would trade everything I HAD for information like this when I was struggling…

And second, as a friendly "bribe" to start off our deep and long lasting relationship!

I must say, there is no catch, no hidden fees, NOTHING!

Just click the button below and sign up to the LIVE masterclass.

I look forward to seeing you inside!

Register for FREE
Secure Your Seat!

P.S. The booking page could be gone tomorrow or in 5 minutes…

There's no way for me to know.

When spots are full, they're full!

Secure your seat!

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